

***Discipleship Group: Try it out!***

*Each Sunday, 1:30pm. We are encouraging everyone to give this group a try one time and see whether it's the right fit for you.*

***Monthly Aletheia schedule***

*3 services each month*

*Small group every Friday, 6pm—8pm*

*Outreach training/prayer/prayerwalking focus in „off-weeks“*

***Aletheia Bank Account & Tax Deductible Receipts***

*Below is Aletheia's bank account information. For any questions about finances, tax deductible receipts, etc. please get in touch with our accountant Martin ([finance@aicmunich.org](mailto:finance@aicmunich.org))*

*Aletheia Church Munich e.V.*

*IBAN: DE61 7015 0000 1005 2438 27*

*BLZ 70150000 | BIC SSKMDEMM (Stadtsparkasse München)*

**FEBRUARY 24TH 2019**



**ALETHEIA**

***Seeking Truth, Experiencing Grace, Sharing Life***

**Aletheia International Church Munich**

**[www.aicmunich.org](http://www.aicmunich.org)**

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**[facebook.com/aicmunich](https://facebook.com/aicmunich)**

**Pastor Bernd: 0176/34330981**

**SEEKING TRUTH  
EXPERIENCING GRACE  
SHARING LIFE**

## *Prepare/Enrich available*

Pastor Bernd and his wife Ryoko are licensed to run Prepare/Enrich. We are offering this program for any married couple or two people who are seriously thinking about marriage.

This program is also a great way to reach out to your community, since the program can be run without including religious topics. Contact us for details.



## *Library*

AIC is offering a small library. You can borrow books any Sunday, if you are interested in any of the books. Also, if you don't have a Bible, please take one home and keep it for free

## *Our next sermon series: Money*

*Giving, Saving, Spending, Budgeting, Investing,...*

*Starting in March*

## *Outreach and Prayerwalking training*

*Will continue in our off weeks*

## *Download our app!*

The best way to stay in touch with us is through our app. Scan the QR code below or follow the download link on our website: <http://www.aicmunich.org>



## *Fasting (Part 1)*

*Matthew 4:4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceeds out of the mouth of God.*

Below are some questions that could help us all reflect on today's sermon and to go deeper with God during our quiet time this week.

- Before today's sermon: What was my opinion about fasting? What has changed since hearing the Biblical view on fasting?
- Do I feel that I am truly dependent on God? Or do I also feel dependent on worldly things, incl. food? What steps can I take to overcome such dependencies?
- If I have tried Biblical fasting before: What was my ultimate purpose? Was it about God? Or was it about „what I can get out of fasting“?
- Which of the aims of fasting that were described in today's sermon speaks to me the most? Why?
- What kind of fast could I consider this upcoming season of lent?