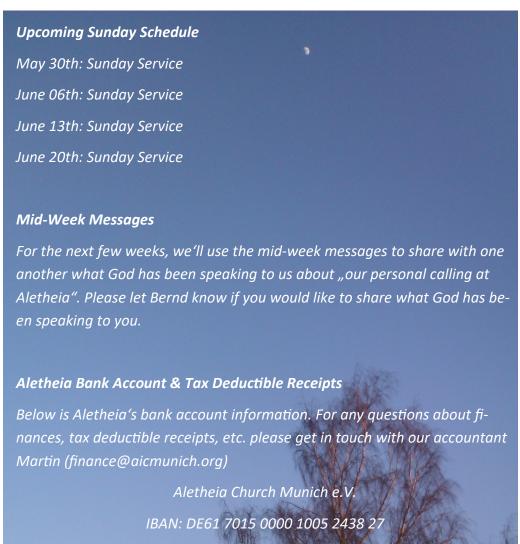
# **ALETHEIA**

Seeking Truth, Experiencing Grace, Sharing Life

**Aletheia Church Munich** www.aicmunich.org mail@aicmunich.org facebook.com/aicmunich

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SEEKING TRUTH EXPERIENCING GRACE

### Schedule and Corona Virus

We are thankful that we still have permission to meet as a church, even though Germany is going through another lockdown right now.

We want to remind everyone to keep the rules of social distancing here at Aletheia (and in all our lives). Please wash and sanitize your hands when you arrive, wear a face mask, avoid physical touches and try to keep at least 1.5m distance from each other at all times.

Also, we are required to wear FFP2 masks at our services as well. Community masks are no longer sufficient!

At the same time, we fully understand if you prefer not coming to Aletheia in person right now. You can listen to the live stream of the sermon every Sunday instead.

Thank you for protecting yourself and each other here at Aletheia.

# Explorer Group starting in the fall

We're planning to start an Explorer Group on Saturday, October 23rd. Details to come.

### Download our app!





# The Fruit of the Spirit (Part 2)

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, self-control: against such there is no law.

Below are some questions that can help us all go deeper with God during our quiet time this week

- If I compare myself today with the person I was two or three years ago: Can I honestly say that I have grown in the entirety of the fruit of the Spirit?
- What would people who know me well say about me? Would they say that I have grown in the Fruit of the Spirit?
- What does God say when I ask Him the same question?
- Which of the nine attributes of the Fruit of the Holy Spirit has grown the most in recent months or years?
- Whiich of the attributes has not grown much/at all in the last year or two?
  Do I know why? Does God give me a reason if I ask Him?
- Which of these elements does God want to grow in this season of my life?
- What practical steps does God want me to take to grow these elements in my life?