

Encountering God: God's Rest

March 27th 2022



Our series

- **Encountering God**
 - The Father's Heart



Today's Focus

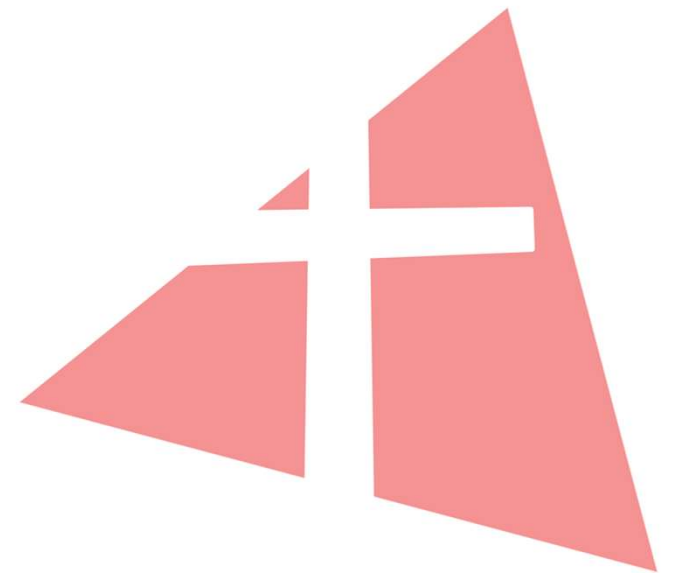
- **Jesus offers us rest**
 - Longer Message & Prayer
 - Next week: Soaking on this topic



This world

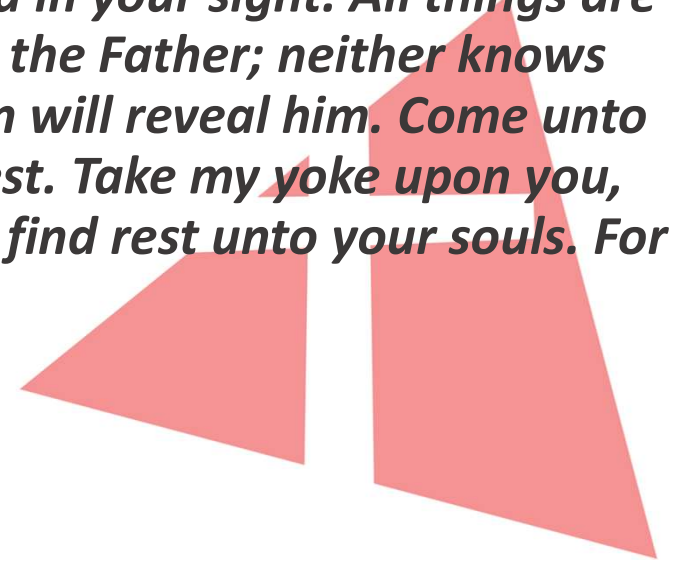
- **This world drains us**

- Physically
- Emotionally
- Spiritually
-



Jesus' offer

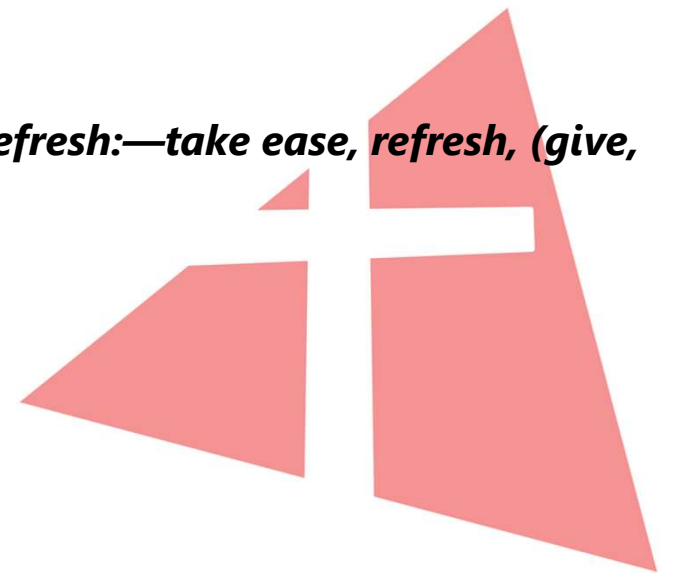
Matthew 11:25-30 At that time Jesus answered and said, I thank you, O Father, Lord of heaven and earth, because you have hid these things from the wise and prudent, and have revealed them unto babes. Even so, Father: for so it seemed good in your sight. All things are delivered unto me of my Father: and no man knows the Son, but the Father; neither knows any man the Father, except the Son, and he to whomever the Son will reveal him. Come unto me, all you that labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and you shall find rest unto your souls. For my yoke is easy, and my burden is light.



What is rest?

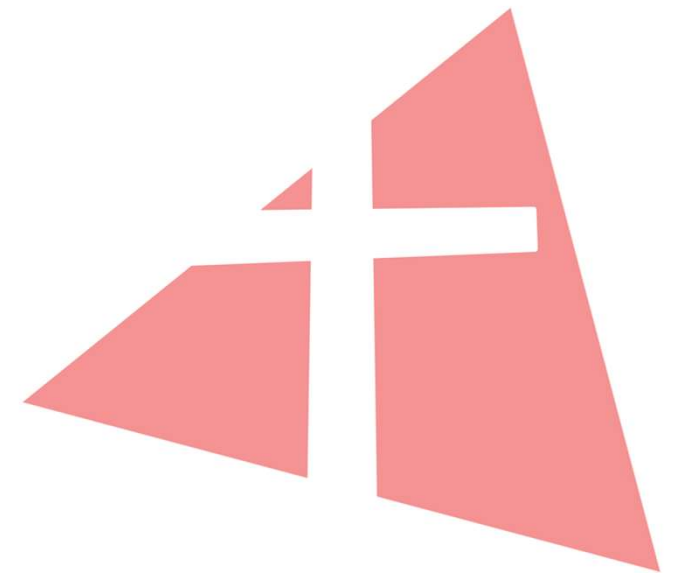
- ἀναπαύω αναπαύῶ, *an-ap-ow'-o*

to repose (literally or figuratively (be exempt), remain); by implication, to refresh:—take ease, refresh, (give, take) rest.



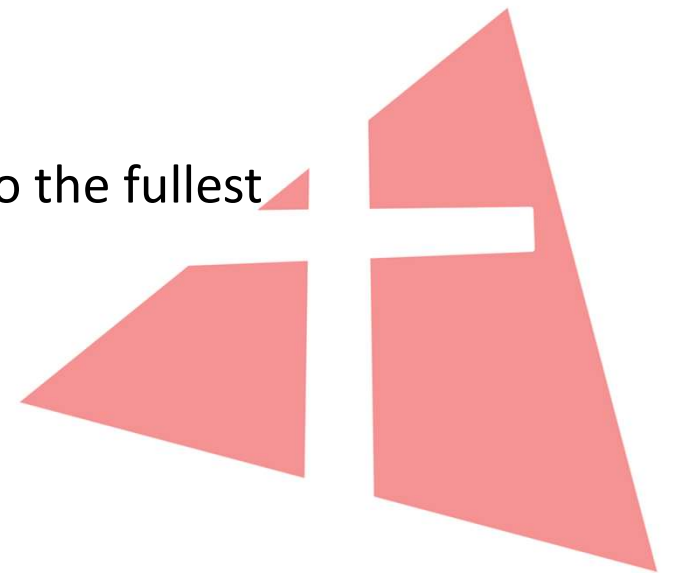
How we can leave God's rest

- **Not seeking God's presence**
- **Not bringing our unrest to God**
- **Sin**
- **Not entering God's forgiveness**
- **Doing works God doesn't call us to do**
- **Pursuing things God doesn't want us to pursue**
- **Not relying on God's sovereignty**
- **...**



Jesus invites us

- **Jesus not only offers us His rest**
- **Jesus longs for us to enter His rest**
 - That's where we can experience our relationship with God to the fullest



Jesus' offer

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