#### Upcoming Sunday Schedule

Sunday, November 05th: Baby Shower + Sunday Service Sunday, November 12th: Sunday Service Sunday, November 19th: Sunday Service Sunday, November 26th: Sunday Service

Annual Members Meeting Sunday, December 05th, 1:30pm—3pm

Aletheia Bank Account & Tax Deductible Receipts

Below is Aletheia's bank account information. For any questions about finances, tax deductible receipts, etc. please get in touch with our accountant Martin (finance@aicmunich.org)

> Aletheia Church Munich e.V. IBAN: DE61 7015 0000 1005 2438 27 BLZ 70150000 | BIC SSKMDEMM (Stadtsparkasse München)

#### November 05th 2023



Seeking Truth, Experiencing Grace, Sharing Life

Aletheia Church Munich www.aicmunich.org mail@aicmunich.org facebook.com/aicmunich Pastor Bernd: 0176/34330981

### SEEKING TRUT/H EXPERIENCING GRACE SHARING LIFE

## Aletheía Gíving

For the last two years we have been supporting "Kick It" financially. We did plan on also helping out practically, but due to Corona that hasn't really happened yet.

Our promised commitment to Kick has ended. We would like everyone to think and pray which organization we would like to support next.

### Next Outreach Events

Saturday, November 25th: Relationship Talk

Saturday, December 16th: Christmas Event (tbc)

#### For a complete list of our planned events, scan the QR code below.

Also, if you have any ideas of events you would like to organize, please let us know.



# Spírítual Warfare: Jesus, satan and our emotions

*Ephesians 4:26 Be angry, and sin not: let not the sun go down upon your wrath:* 

Below are some questions that can help us all go deeper with God during our quiet time this week

• What kind of emotions do I tend to act on impulsively?

- Can I think of a siutation when I acted to quickly on my emotions? How did it go? Now looking back, what step(s) could/should I have taken before acting?
- Can I think of a situation when I did take the time to wait for God's direction instead of listening to my emotions? How did that go?
- What situation am I currently facing where my emotions try to tell me what to do? In light of today's message: How should I respond to these emotions?
- What practical steps can I take so that the emotions I feel will be aligned with God's emotions?
- What practical steps should I take to bring my emotions to God instead of acting on my own emotions?